

BIOMAGNETIC APPLIED KINESIOLOGY

Biomagnetic Applied Kinesiology - now that's a mouth full. It is the developmental outcome of chiropractic, muscle testing, inborn neurological reflexes, nutrition, and the knowledge we have of the bioelectricity/magnetism of the body.

First, chiropractic is the art and science of finding and correcting misalignments of the joints of the body. When the importance of muscles in holding the bones in place became evident, some chiropractors incorporated muscle testing to evaluate joint stability in order to make adjustments more effective. The muscle tests used were authoritatively developed by physical therapists in the 1940's and fine tuned by the physiologist Barmajian in the 1970's.

The term kinesiology is defined as the study of motion in the human body and describes how the muscles move and stabilize the joints. But when the muscles were found to have an organ/gland association in the early 1970's, Applied Kinesiology became known as a wholistic system for evaluating total body function by muscle testing, whether the problem was related to the joints and muscles, or to the organs and glands. Applied Kinesiology does not test for muscle strength. It does test whether proper nervous system support (facilitation) or inhibition occurs to a muscle as the spinal column is tested or if the energy over any part of the body changes.

For about 20 years, 2 medical researchers (Davis and Rawls) studied the effects of magnets on the body. Late in 1989, the work of Dr. Philpott became known to an Applied Kinesiologist. Dr. Philpott took readings from a meter while substances were tested on the body under the south pole of the magnet. Soon it was found that areas of the body not operating properly altered muscle response when tested by a magnet. The ability of the body's magnetic field to affect muscle response was termed Biomagnetic Applied Kinesiology. Within the last year, Biomagnetic Applied Kinesiology has added injury recall reflexes to enhance treatment.

Nutrition enters the picture because nutrients not only feed the muscles, but also the organs and glands. If the body is to become balanced and operate at an optimal level of health, the nutrient levels (biochemistry) has to be taken into-account to provide the best possible environment in which self-healing can occur.

Biomagnetic Applied Kinesiology does not take anything away from chiropractic, and it does add the dimension of nutritional and organ/gland evaluation to bring the body to a higher level of function. It also shortens the search to determine if immune dysfunction is caused by allergies, chemical sensitivity, candidiasis, improper prostaglandin formation or micro-organisms. By evaluating so many different aspects of body function, Biomagnetic Applied Kinesiology has and will continue to be a friend to us all.